

THE ADVOCATE

SAN DIEGO EDUCATION ASSOCIATION

This April 2023 SDEA Advocate issue includes the articles below.



Letters in Solidarity

“After months of the District ignoring and disrespecting our bargaining demands, we mobilized again. The week of March 13-17, we picketed at over 140 schools. We demonstrated in support of our [Recover, Rebuild and Rise Together platform](#) in the rain. We showed up in all corners of San Diego for 5 days straight. We were joined by parents, students, media, community organizations and our CSEA union siblings. We stood together to demand a fair contract that prioritizes educators and the students we serve in the aftermath of the pandemic.” - SDEA President Kyle Weinberg and SDEA Vice President Lisa Morris

[Find more on Letters in Solidarity here.](#)



San Diego Community Schools Coalition Demands More After School Opportunities in San Diego Unified

“Parents told the San Diego Community Schools Coalition that the lack of access to affordable, culturally-sustaining afterschool programs is a significant problem in our district. They are standing up for their right to be actively involved in deciding what enrichment activities are offered in our schools. We have an opportunity as SDEA union educators to join parents in demanding education justice through Bargaining for the Common Good.”

[Find more on the Community School Coalition efforts here.](#)



Contract Corner - Standards Based Grading

“...teachers won relief from the workload implications of SDUSD’s standards based grading policy...”

[Find more on Standards Based Grading here.](#)

Contract Corner - Excessing

“Excessing is a type of involuntary transfer to achieve a reduction of staff due to declining enrollment or loss of funding at the site. The term in the union contract is “transfer to reduce staff.”

[Find more on Excessing here.](#)

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*Summer Benefit is offered by CTA to eligible members who meet the Definition of Disability with a Disability date on or after 5/1/2022 who meet additional specific criteria. Summer Benefit is only available during the calendar months of June and July. For details on Summer Benefit for each instance of qualifying Disability, Summer Benefit is not provided under the Statutory Disability Insurance policy. CTA provides the benefit at its extra cost and the Standard acts only as the claims administrator of the benefit. For costs and further details of the coverage, including exclusions, benefit waiting periods, any reductions or limitations and the terms under which the policy may be continued in force, please contact Standard Insurance Company at 800-332-0606. Standard Insurance Company, 1100 2nd South Avenue, Portland, OR 97204. © 2022 CTA/Standard.

April is Stress Awareness Month

While there's no surefire way to eliminate stress completely, there are things you can do to prevent or manage it. Practicing self-care can help you manage stress, lower your risk of illness, and increase your energy.

Even small acts of self-care in your daily life can have a big impact.

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