

# THE ADVOCATE

SAN DIEGO EDUCATION ASSOCIATION

This February 2024 SDEA Advocate issue includes the articles below.



## Bargaining to Address the Needs of the Whole Child

“When considering what our students need outside the classroom in order to be successful inside the classroom, housing insecurity is a major factor that negatively impacts student well-being. With the rising cost of living in San Diego, the number of families experiencing housing insecurity is steadily increasing. This is especially concerning for our students and their families as increasing housing costs are a stressor and lead to increased homelessness.”

[Find more on Letters in Solidarity here.](#)



## Excessing Rights

“‘Excessing’ is a type of involuntary transfer to achieve a reduction of staff due to declining enrollment or loss of funding at the site or in a program.”

[Find more on Excessing Rights here.](#)



“Last year TK and ECE Teachers held a listening session at SDEA with district leadership to address those issues. The issues were defined and solutions were agreed upon, but there was inconsistent movement by the district. In December, ECE and TK Teachers held a union meeting to grade the district’s progress.”

[Find more on TK Organizing here.](#)



“SDEA is a member-run democratic organization which means YOU have the opportunity to be involved and run for a leadership position! Spring election nominations are now open for a variety of roles.

Be an influential voice and have a direct impact on thousands of your fellow union members by completing your nomination form(s) today! View the election timeline, complete and submit the necessary documents to the SDEA Election Committee at [sdeaelections@sdea.net](mailto:sdeaelections@sdea.net) by 5pm on Monday, March 4th.”

[Find more on SDEA Elections here.](#)

**PUMP UP YOUR HEART HEALTH**

Visit [vebaresourcecenter.com](http://vebaresourcecenter.com) for more heart-smart resources!

- ✓ Schedule a blood pressure screening with your provider.
- ✓ Make time for self-care to lower your stress.
- ✓ Attend a VRC cooking class to learn heart-healthy recipes or get your heart pumping with an endurance-building cardio class.

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