

# THE ADVOCATE

SAN DIEGO EDUCATION ASSOCIATION

This March 2023 SDEA Advocate issue includes the articles below.



### [Letters in Solidarity](#)

*“All of the recent progress at the bargaining table is directly connected to the power that educators have demonstrated in our recent collective actions. We still have a ways to go, however, to win all of the demands in our contract campaign that will bring about the schools that our students deserve. We are still waiting on responses to numerous SDEA proposals that have been presented as long as 3 months ago on items such as lower class size, more counselors and improvements to special education workload.” - SDEA President Kyle Weinberg and SDEA Vice President Lisa Morris*

[Find more on Letters in Solidarity here.](#)



### [KYR! Salary Advancement Rules for Steps & Columns](#)

*“For most SDEA members, higher pay is tied to additional education and years of service. Columns on the salary schedule correspond to education levels attained, and steps correspond to years of service. The more education you attain, and the more time spent as an educator in SDUSD, means you get higher pay.”*

[Find more on Salary Advancement Rules here.](#)



### [District Well-Positioned To Agree To Most of Our Contract Demands--Will They Do The Right Thing?](#)

*“Thanks to historically high investment in school budgets by the State of California, SDUSD’s general funds budget is anticipated to increase by about \$105 million this year—and that’s an on-going increase! Additionally, we’re expecting another significant increase for the 2023-24 school year as well. The time is now for the District to seriously invest in educator pay for us to be able to recruit the best and brightest educators to our schools.”*

[Find more on the District's Budget here.](#)



### [SDEA 2022-2023 Scholarship Timeline](#)

SDEA annually offers scholarships for members and members’ dependents. The Dependent Application is for graduating seniors and current college-enrolled students, who are dependents of a current SDEA member. The Member Application is for current SDEA members who wish to further their education.

[Find more on SDEA Scholarships here.](#)

**Keep healthy snacks at your desk**

Good options are unsalted nuts, fruit, whole grain crackers, pretzels and granola bars.

Eat every 3-5 hours to keep hunger at bay. For most, this means grabbing a snack a couple of hours after each meal.

Want to learn more about healthy eating? VEBA offers free nutrition classes and healthy cooking demos to all members. Visit [www.vebapowercenter.com](http://www.vebapowercenter.com) to live your best heart-healthy life!

**Make more moments.**

Get rolling with the only Disability insurance plan endorsed by CTA.

**You deserve an insurance plan that has your back, so you can focus on what's ahead.**

- CTA-endorsed Disability insurance replaces up to 80% of paychecks if members miss work due to illness, injury, pregnancy or childbirth.<sup>1</sup>
- The CTA-endorsed plan gives you exclusive access to the Student Loan Benefit, Cancer Benefit and new Summer Benefit<sup>2</sup> at no additional cost.

For opportunities to apply with no health questions asked, visit: [CTAMemberBenefits.org/Disability](http://CTAMemberBenefits.org/Disability)

<sup>1</sup> For disabilities occurring prior to September 1, 2022, you will receive up to 70% of your regular daily salary, less any sources of deductible income, while you continue to be disabled. For disabilities occurring on or after September 1, 2022, you will receive up to 80% of your regular daily salary, less any sources of deductible income, while you continue to be disabled. <sup>2</sup> Summer Benefit is offered by CTA to eligible members who meet additional specific criteria during the months of June and July. CTA provides this benefit at no extra cost, and The Standard acts as the claims administrator of this benefit. Summer Benefit is not provided under the Voluntary Disability Insurance policy. For complete details of the coverage, including exclusions, benefit waiting periods, any reductions or limitations and the terms under which the policy may be continued in force, please contact Standard Insurance Company at 800-521-2828. Standard Insurance Company, 1100 Two South Avenue, Des Moines, IA 50319. © 2022 CTA. CTA 2022.